

Local Lodge 774



COMMUNITY SERVICES COMMITTEE NEWS

The community service committee is working hard. We had a very good month for the Prairie Land Food. We invite everyone to come try it and see if it will save you some money. We are sure it will. This is available to everyone, you don't need to be a member and there are no income guidelines, its just a cheaper way to buy your food. With that if there is anyone having a rough time have them call Bob Gainer@ 518-8280. I'm sure we can help in some way. Please spread the word to your friends and family.

We have purchased 4 of the holiday packs this month and are giving those to Union families that are in need. This month we had someone who was so overwhelmed with the amount of food they got that they broke down and cried right there. I almost cried with them. This is why we are here and this is why this is so important to us. We want to help everyone but when you see something like this it really pulls at your heart and lets you know that what you are doing is the right thing to do.



We also have our drawing going for a Hamilton IAM watch. This money will be used to help Union members who may need a little assistance in January. If anyone knows a member that could use the help please get in touch with Bob Gainer and give him the information. Please support us and buy your tickets today from any committee member or plant chair.



Welcome

I would also like to give a big welcome to the newest members of this committee; Tammy Hourigan, Don Lowe, and Jan Marple. They are going to be a great asset to the committee. We have also had the help of my wife Donna Gainer, who is laid off from LearJet,. She has a big job to keep me straightened out. Anyone that wishes to become a committee member or just help out please give me a call.

The last thing we have started is sending care packages to soldiers over seas. We have not forgotten the service they are doing for each and every one of us.

We thought it was time we let them know the membership of this union cares about them. Starting at the next meeting there will be a donation box set up. Anyone wanting to give items to be included in a package can put it in the box. We will also accept money to buy items with if that works better for you.

Please help us remind our brave men and women that they are in our hearts and prayers everyday. They are fighting for things that most of us take for granted. Help us to show them how much we honor and respect them.

In Solidarity,
Bob Gainer

Care Package Ideas

All food items must be appropriately sealed / and prepackaged

Suggested Snack Food Items

Beef Jerky / Beef sticks
Canned fruit
Canned Tuna and/or pouched tuna (works best)
Cereal bars / granola bars / energy bars
Chex Mix
Chips (Pringles in cans ship well)
Condiments (salt, pepper, spices, sugar, honey packs)
Cookies
Crackers
Crystal light or individual powdered drink mix
Doritos
Dried fruit
Dry cereal
Gatorade (mix works well)
Gum
Hard candy wrapped (no chocolate in summer)
Hot chocolate mix
Hot sauce / salsa
Instant coffee / coffee creamer
Instant oatmeal packets
Instant Soups / soups in pop-top containers
Jelly / Peanut butter
Kool Aid
Little Debbie's / snack cakes
Mayo / Ketchup
Easy Mac
Microwavable brownie mix
Microwavable popcorn
Nuts
Pudding cups
Ramen Noodles
Salad dressing
Snack crackers of all kinds
Sugar packets
Tea bags

Suggested Toiletries

Advil, Tylenol, Cold/Cough drops, Sinus meds
Antibiotic cream (Neosporin)
Anti-bacterial wipes / hand gel
Baby wipes
Black shoe polish
Body wash / soap (triple pack soap and do not put near food as the food will smell like soap)
Chapstick
Cotton balls
Dental floss
Deodorant
Toothpaste / toothbrush
Toenail / fingernail clippers
Disposable hand and feet warmers
Dusting cloths (for removing sand)
Eye drops
Face soap
Foot inserts for boots
Foot/Boot powder
Insect repellent wipes / non-aerosol bug spray
Imodium
Laundry soap / Fabric Softener
Loofahs
Air Freshener
Lotion for body and hands
Mouthwash
Nasal spray / drops
Packaged Wet Ones / baby wipes
Pepto Bismol
Pumice stones for feet
Q-tips
Shampoo
Sunglasses
Sunscreen
Dryer sheets
Fabreeze

These and more tips and ideas can be found on the internet at: <https://www.msu.edu/~sst/care.html>